



**BRISBANE
WATER
SECONDARY
COLLEGE**

UMINA CAMPUS

Girls Academy

Term 4

Weeks 2,3,4

Games and Sports



Student Name: _____

Teacher's Name: _____

Games and Sports

Badminton



1. Cloze Passage

WORD BANK		BASE
16	RECTANGULAR	THREE
21	SHUTTLE	TOP
ATTACHED	SINGLES	TOSS

Badminton is played on a _____ surface. A _____ is conducted before the game starts.

The game is played with a specific racquet and '_____'. The feathered shuttle should have _____ feathers fixed in the _____.

In most cases, a match consists of the best of _____ games, with the winner of each game won by the side which first scores _____ points. At 20 all, the side which gains a 2 point lead first wins that game.

Badminton can be played as _____ or doubles.

A shuttle is not in play when it strikes the net and remains _____ there or suspended on _____.

2. Mix and Match Activity

Match the following terms specific to Badminton to their supplied definition:

Drop, Let, Rally, Fault, Kill

Term	Definition
	A fast, downward shot that cannot be returned
	A violation of the playing rules during play
	A shot hit softly to fall rapidly and close to the net on the opponent's side
	A legitimate cessation of play to allow a rally to be replayed
	Exchange of shots while the shuttle is in play

Games and Sports

Cricket



1. Cloze Passage

WORD BANK		RUNNING
BATTING	INJURED	SCORES
BOUNDARIES	INNINGS	10
FIELD	PITCH	11

Cricket is played between two teams of _____ players each. A 'twelfth man' is used if a player is _____ during play and can only be used to _____. A test match spans over 2 _____ whereas a one-day match and Twenty20 match have only one innings and are limited to a certain number of overs. An innings is characterised by each team _____ and bowling/fielding. Once _____ batters are out, the teams swap roles. An innings is completed when both team have been bowled out or have reached the limited overs. The aim of the batting side is to score runs. This is done by hitting the ball and _____ from one end of the _____ to the other. More points are attributed to _____ and the batsmen receive either 4 or 6 runs.

2. Mix and Match Activity

Match the following terms specific to Cricket to their supplied definition:

Wide Ball, Leg Before Wicket (LBW), Bails, Bye, Full Toss, Maiden

Term	Definition
	When applied to a bowler, this term describes an over when no runs have been scored by the batsman from any delivery.
	There are the two, small pieces of moulded timber which sit on top of the stumps.
	This occurs when the umpire declares the batsman did not have a reasonable opportunity to score off a delivery.
	A bowling delivery which reaches the batsman without first having struck the pitch
	This dismissal occurs when the ball hits the batsman without hitting the bat and the umpire decides the ball would have hit the wickets if the batsman was not there.
	This refers to a run generally scored by any other means than being struck by the bat.

Games and Sports

Lawn Bowls



1. Cloze Passage

WORD BANK		TARGET
CENTRELINE	JACK	WHITE
CURVE	OPPOSITE	1
FLAT	RUBBER	21

At the beginning of play, a _____ is rolled to the _____ side of the field and becomes the _____. The main concept of lawn bowls is to roll your bowls so they stop nearer to the jack than those of your opponent.

When all the bowls have been plays, the player or team with the closest bowl to the jack received _____ point. The first player or team to reach _____ points wins the game.

Lawn bowls is played on a _____ lawn. Bowls are typically black or brown in colour and are flattened on one side, so that they _____ when rolled. The jack is _____ in colour.

Bowls can be delivered on the forehand or backhand, depending on the players preference. When delivering their bowl, players must stand on a _____ mat placed on the _____.

2. Mix and Match Activity

Match the following terms specific to Lawn Bowls to their supplied definition

Term	Definition
Bias	This refers to a bowl played to a position that restricts the opposition from getting to the target.
Drive	This refers to the amount of curve that a bowl will take during its course to the jack.
Road	This refers to a bowl that does not reach the jack or the intended target.
Toucher	This is a type of shot used where the player delivers the bowl with maximum force towards the target.
Guard	This refers to a bowl that during its course touched the jack before finishing within the boundaries of the rink.
Short	This refers to the curved route taken to the jack.

Games and Sports

Table Tennis



1. Cloze Passage

WORD BANK		SIZE
COURT	FREELY	WHITE
FREE	NET	2
FLAT	PALM	11

Table tennis is played on a rectangular table which features a _____ along its whole length. The ball is typically _____ or orange, with a 40mm diameter. The racquet may be of any _____, shape or weight but the blade must be _____ and rigid. Players use racquets to hit the ball over the net. A serve is performed by touching the server's _____ first, passing over the net assembly and touching the receiver's court. A service must begin with the ball resting _____ on the open _____ of the server's stationary _____ hand. Table tennis can be played as singles or doubles. After every _____ points have been scored, serves and receivers swap roles. A game is won by the player who scored _____ points. Where players or teams both score 10 points, the game is won when a player or team leads by 2 points.

2. Mix and Match Activity

Match the following terms specific to Table Tennis to their supplied definition

Term	Definition
Block	This refers to a ball that is diagonally hit from corner to corner.
Chop	This refers to a high defensive return of a smash, usually done with topspin or sidespin.
Crosscourt	This refers to hitting the ball before it bounces on your side of the table.
Flat	This refers to a defensive return of a drive with backspin.
Lob	This refers to a quick, off the bounce return of an aggressive drive
Volley	This term is used to describe a ball that has no spin, usually travelling with good pace.

Games and Sports

Tennis



1. Cloze Passage

WORD BANK		RIGHT
CONTINUES	ODD	TWICE
CROSSES	ONCE	2
NET	POINT	6

- The first serve in a game comes from the _____ side of the court. Subsequent serves are alternated each _____.

Winning a point

- A point is won if an opponent"
 - Lets the ball bounce more than _____
 - Hits the ball into the _____
 - Hits the ball out of court
 - Hits the ball _____
 - Hits the net with the body or racquet
 - Hits the ball with anything other than the racquet
 - Hits the ball before it _____ the net
- The match is scored in games and sets. To win a set, a player must win _____ games and be at least _____ games ahead of their opponent. If the players have won 5 games each play _____ until a player is 2 games ahead.
- Players change ends at the end of every _____ game during a set.

2. Mix and Match Activity

Match the following terms specific to Tennis to their supplied definition

Term	Definition
Foot fault	An error in a service or return shot that cannot be attributed to any factor other than poor judgement and execution by the player.
Forced error	The score is tied at 40-40, or 40-all.
Unforced error	When an opponent hits a difficult shot that causes the player to miss.
Game point	This when a player, during the serve, steps on or over the baseline into the court before striking the ball.
Advantage	A situation when the player who is leading needs one more point to win a game.
Deuce	When one player wins a point from a deuce and needs one more point to win the game.

Games and Sports

Volleyball



3. Cloze Passage

WORD BANK	SUCCESSION	3
BASELINE	RESTRAINING	6
BLOCK	ROTATE	12
RALLY	SERVE	15

A volleyball game consists of up to _____ players with _____ on the court at any one time.

Each rally commences with a _____ (after the umpire's whistle) at any point along the _____. The server must serve from behind the _____ line (end line) until after contact. _____ scoring is used in volleyball. Each game is played to _____ points. The winning team must win by 2 points. Teams will _____

each time they win the serve. Players shall rotate in a clockwise manner.

Teams have a maximum of _____ hits per side. Player may not hit the ball twice in _____ (a _____ is not considered a hit).

4. Mix and Match Activity

Match the following terms specific to Volleyball to their supplied definition

Term	Definition
Ace	An error in a service or return shot that cannot be attributed to any factor other than poor judgement and execution by the player.
Sideout	The score is tied at 40-40, or 40-all.
Roof	When an opponent hits a difficult shot that causes the player to miss.
Stuff	This when a player, during the serve, steps on or over the baseline into the court before striking the ball.
Dig	When a player jumps above the height of the net, and block the ball.
Kill	When the ball is served to the other team and no one touches it.

Manipulative Skills

Manipulative skills are large motor skills which involve an object. They are skills used in a range of games and sports including AFL. Manipulative skills build endurance, flexibility and accuracy.

Examples of manipulative skills include:

- Pushing
- Lifting
- Throwing
- Rolling (a ball)
- Bouncing
- Dribbling
- Pulling
- Striking
- Kicking
- Catching

For the following games, identify the manipulative skills used:

AFL	
Badminton	
Bocce	
Cricket	
Lawn Bowls	
Tennis	
Table Tennis	
Volleyball	